

7TH ANNUAL JAILHOUSE ROCK 5K
 BROOKSIDE MUSEUM
 BALLSTON SPA, NY
 SATURDAY AUGUST 8, 2009

RESULTS BY FINISH RIGHT TIMING SERVICES

518-312-886

WWW.FINISHRIGHT.COM

518-312-887

Place	Div/Tot	Div	Name	Age	Sex	City	St	5	Pace
1	1/4	M1924	Seamus Nally	22	M	Burnt Hills	NY	15:30	5:00
2	2/4	M1924	Alex Grout	23	M	Clifton Park	NY	15:49	5:06
3	1/11	M1518	Jake Flynt	16	M	Malta	NY	16:46	5:24
4	2/11	M1518	Max Groves	17	M	Ballston Spa	NY	16:49	5:25
5	3/11	M1518	Donald Zimak	15	M	Washington	PA	16:56	5:27
6	3/4	M1924	Tyler Welsh	20	M	Pattersonville	NY	17:17	5:34
7	4/11	M1518	GunWan Park	15	M	Guilderland	NY	17:36	5:40
8	1/14	M3034	Brian Northan	32	M	Guilderland	NY	17:37	5:41
9	5/11	M1518	Kyle Wegner	16	M	Wilton	NY	18:12	5:52
10	6/11	M1518	Sam Place	16	M	Saratoga Springs	NY	18:12	5:52
11	7/11	M1518	Joey Fairley	16	M	Saratoga Springs	NY	18:12	5:52
12	1/11	M4044	Steve Schroeder	43	M	Sugar Land	TX	18:17	5:53
13	1/9	M5054	Rick Lesiak	50	M	Galway	NY	18:34	5:59
14	8/11	M1518	Kevin Melsert	18	M	Ballston Lake	NY	18:42	6:01
15	2/14	M3034	Jonathan Peck	30	M	Scotia	NY	18:47	6:03
16	1/14	F4044	Tammy Slusser	44	F	Monroeville	PA	18:48	6:03
17	1/8	F1518	Danielle Marino	16	F	Saratoga Springs	NY	18:51	6:04
18	2/8	F1518	Brianna Freestone	16	F	Ballston Spa	NY	18:51	6:04
19	1/4	M2529	Benjamin Pangie	26	M	Brooklyn	NY	19:03	6:08
20	1/10	M3539	David Shumpert	38	M	Clifton Park	NY	19:08	6:10
21	1/12	M4549	Joe Place	46	M	Saratoga Springs	NY	19:17	6:13
22	9/11	M1518	Joe Nelson	15	M	Amsterdam	NY	19:37	6:19
23	2/12	M4549	Joe Duling	46	M	Blufton	OH	19:40	6:20
24	3/8	F1518	Jession Zimal	17	F	Washington	PA	19:53	6:24
25	3/14	M3034	Sean Montieth	32	M	Ballston Spa	NY	19:55	6:25
26	2/9	M5054	Thomas Locascio	51	M	Albany	NY	20:01	6:27
27	1/25	F3539	Regina Flint	35	F	Amsterdam	NY	20:05	6:28
28	1/17	F2529	Meagan Mincher	26	F	Ballston Spa	NY	20:07	6:29
29	4/8	F1518	Jessica Richburg	16	F	East Greenbush	NY	20:08	6:29
30	4/4	M1924	Stephen Quay	21	M	Ridgefield	CT	20:10	6:30
31	2/11	M4044	Adam Snider	41	M	Niskayuna	NY	20:12	6:31
32	4/14	M3034	Keith Johnson	32	M	Schenectady	NY	20:16	6:32
33	2/10	M3539	Bill Williams	36	M	Ballston Spa	NY	20:21	6:33
34	3/12	M4549	Mike Soeller	47	M	Clifton Park	NY	20:22	6:34

35	1/12	F1924	Meghan Davey	24	F	Amsterdam	NY	20:25	6:35
36	3/11	M4044	Chad Chastain	42	M	Gloversville	NY	20:29	6:36
37	2/4	M2529	Mathew Harkins	28	M	Washington	DC	20:38	6:39
38	4/12	M4549	Samuel, Jr. Mercado	46	M	Wilton	NY	20:52	6:43
39	10/11	M1518	Evan Welsh	16	M	Pattersonville	NY	21:11	6:50
40	3/4	M2529	Ryan Moore	28	M	Saratoga Springs	NY	21:17	6:51
41	2/25	F3539	Kimberly Miseno-Bow	39	F	Amsterdam	NY	21:19	6:52
42	2/12	F1924	Rachel Grandall	23	F	Washington	DC	21:24	6:54
43	5/12	M4549	John DeGuardi	49	M	Ballston Spa	NY	21:28	6:55
44	1/15	F4549	Kathleen McElwain	49	F	Ballston Spa	NY	21:30	6:56
45	4/4	M2529	Kiel Reynolds	27	M	Albany	NY	21:47	7:01
46	3/25	F3539	Colleen Murray	35	F	Loudonville	NY	21:47	7:01
47	5/14	M3034	Mitchell Soden	31	M	Ballston Spa	NY	21:54	7:03
48	4/25	F3539	Faye Reynolds	36	F	Greenfield Center	NY	21:58	7:05
49	3/9	M5054	Dan Owens	53	M	Ballston Spa	NY	22:01	7:06
50	1/5	M5559	Don Slusser	57	M	Monroeville	PA	22:12	7:09
51	1/8	M0114	Ben Ferretti	14	M	Glenville	NY	22:15	7:10
52	3/10	M3539	Michael Bellotti	37	M	Scotia	NY	22:17	7:11
53	5/8	F1518	Alexandra Finocchio	17	F	Ballston Spa	NY	22:24	7:13
54	4/10	M3539	Mike Trieconk	36	M	Scotia	NY	22:33	7:16
55	2/8	M0114	Tom Madarasz	13	M	Gansevoort	NY	22:34	7:16
56	1/10	F0114	Alexis Fernandez	14	F	Hauppauge	NY	22:35	7:17
57	4/11	M4044	David Gonnely	44	M	Fort Plain	NY	22:42	7:19
58	5/11	M4044	Jim Mc Glasflin	41	M	Queensbury	NY	22:46	7:20
59	2/17	F2529	Meredith Fitzgerald	28	F	Albany	NY	22:49	7:21
60	4/9	M5054	John Corporon	50	M	Stamford	CT	22:49	7:21
61	2/5	M5559	Chester Tumidajewic	55	M	Amsterdam	NY	22:53	7:22
62	3/17	F2529	Amy Boss	28	F	Broadalbin	NY	22:54	7:23
63	2/15	F4549	Janice Phoenix	48	F	Schenectady	NY	23:00	7:24
64	6/8	F1518	Kaitlyn Chartrand	16	F	Wilton	NY	23:10	7:28
65	6/11	M4044	John Dziezynski	44	M	Niskayuna	NY	23:22	7:32
66	6/14	M3034	Jeremy Pettis	32	M	Schuylerville	NY	23:37	7:37
67	3/15	F4549	Patricia Monahan	47	F	Warrensburg	NY	23:39	7:37
68	1/9	F5054	Jen Kenmich	51	F	Greenwich	NY	23:48	7:40
69	5/25	F3539	Marcie Alexander	38	F	Ballston Lake	NY	23:51	7:41
70	5/10	M3539	Paul Loomis	36	M	Malta	NY	23:53	7:41
71	5/9	M5054	Vincent Lubrano III	51	M	Albany	NY	23:56	7:42
72	6/25	F3539	Emily Cooper	36	F	Saratoga Springs	NY	23:58	7:43
73	4/17	F2529	Nichole DeMarco	27	F	Clifton Park	NY	24:00	7:44
74	7/25	F3539	Kim Klippel	38	F	Ballston Spa	NY	24:03	7:45
75	1/14	F3034	Tammy Friend	33	F	Mechanicville	NY	24:05	7:46
76	3/12	F1924	Kelly Owens	23	F	Ballston Spa	NY	24:08	7:46
77	4/12	F1924	Thea Yurkewecz	24	F	Fultonville	NY	24:11	7:47
78	2/14	F4044	Lynn Fredericks	43	F	Amsterdam	NY	24:14	7:48
79	7/14	M3034	Matt Glogowski	33	M	Ballston Spa	NY	24:17	7:49
80	3/8	M0114	Matt McHale	13	M	Ballston Spa	NY	24:20	7:50

81	7/11	M4044	Stephen Montanaro	43	M	Hagaman	NY	24:22	7:51
82	5/12	F1924	Sarah Gross	24	F	Clifton Park	NY	24:37	7:56
83	6/12	M4549	Frank Wicks	46	M	W. Sand Lake	NY	24:40	7:57
84	4/8	M0114	Daniel Caro	13	M	Saratoga Springs	NY	24:43	7:58
85	5/17	F2529	Kim Zimbal	28	F	Saratoga Springs	NY	24:44	7:58
86	3/14	F4044	Kim Scott	40	F	Malta	NY	24:57	8:02
87	2/10	F0114	Shelby Klippel	14	F	Ballston Spa	NY	24:58	8:03
88	7/12	M4549	Derrick Sumereau	47	M	Albany	NY	25:01	8:03
89	1/3	M6064	Daniel Brown	63	M	Ballston Spa	NY	25:11	8:07
90	6/10	M3539	Joe Templin	37	M	Ballston Spa	NY	25:13	8:07
91	11/11	M1518	Orlando Pacheco Jr	18	M	Amsterdam	NY	25:15	8:08
92	6/9	M5054	Glen Miller	50	M	Schuylerville	NY	25:20	8:10
93	6/12	F1924	Kathleen Grigg	22	F	Ridgefield	CT	25:25	8:11
94	4/14	F4044	Denise McNamara	41	F	Ballston Spa	NY	25:26	8:12
95	7/10	M3539	Ryan Lambert	36	M	Niskayuna	NY	25:31	8:13
96	8/14	M3034	Mike Baxter	31	M	Gansevoort	NY	25:32	8:14
97	8/11	M4044	Mark MacIntosh	41	M	Scotia	NY	25:33	8:14
98	8/25	F3539	Eileen Cook	39	F	Ballston Spa	NY	25:34	8:14
99	4/15	F4549	Denise Snyder	48	F	Ballston Spa	NY	25:34	8:14
100	1/2	M6569	William Sheft	68	M	Ballston Spa	NY	25:36	8:15
101	9/25	F3539	Ronda Poirier	39	F	Ballston Spa	NY	25:36	8:15
102	9/14	M3034	Matt Mc Morris	34	M	Saratoga Springs	NY	25:37	8:15
103	10/25	F3539	Kristin Knauf	37	F	Altamont	NY	25:37	8:15
104	8/12	M4549	David Ferretti	46	M	Glenville	NY	25:44	8:17
105	5/14	F4044	Susan Casvui	42	F	W. Sand Lake	NY	25:47	8:18
106	7/12	F1924	Tara Salmon	21	F	Clifton Park	NY	25:58	8:22
107	8/10	M3539	Tim Walz	39	M	Ballston Spa	NY	26:06	8:24
108	2/14	F3034	Stephanie Liberty	32	F	Ballston Spa	NY	26:19	8:29
109	7/8	F1518	Katie Schmidt	16	F	East Greenbush	NY	26:21	8:29
110	10/14	M3034	Vince Horan	32	M	Clifton Park	NY	26:26	8:31
111	3/14	F3034	Rosalie Koniowka	31	F	Waterford	NY	26:31	8:33
112	3/5	M5559	Michael DellaRocco	58	M	Altamont	NY	26:37	8:34
113	6/17	F2529	Jesmarie Johnson	28	F	Schenectady	NY	26:38	8:35
114	2/9	F5054	Sue Ciarmiello	53	F	Schenectady	NY	26:39	8:35
115	11/25	F3539	Jill Schuster	39	F	Clifton Park	NY	26:40	8:35
116	4/14	F3034	Nicole Pecori	31	F	Ballston Lake	NY	26:41	8:36
117	11/14	M3034	Chris Capezzuti	30	M	Queensbury	NY	26:44	8:37
118	7/17	F2529	Jenna Hafter	28	F	Queensbury	NY	26:44	8:37
119	12/25	F3539	Stephanie Salvato	35	F	Scotia	NY	26:48	8:38
120	5/8	M0114	Lucas Aviles	13	M	Ballston Spa	NY	26:49	8:38
121	9/12	M4549	Brian Aviles	46	M	Ballston Spa	NY	26:50	8:39
122	7/9	M5054	Timothy Melsert	52	M	Ballston Lake	NY	26:54	8:40
123	8/12	F1924	Kerry Lynch	23	F	Brooklyn	NY	26:57	8:41
124	5/15	F4549	Mary Seaward	46	F	Ballston Spa	NY	27:02	8:42
125	8/9	M5054	Joseph Salmon	52	M	Clifton Park	NY	27:09	8:45
126	5/14	F3034	Megan Soden	32	F	Ballston Spa	NY	27:16	8:47

127	2/2	M6569	Gregory Benson	67	M	East Nassau	NY	27:18	8:48
128	6/14	F3034	Nora Gribbin	32	F	Ballston Spa	NY	27:19	8:48
129	8/17	F2529	Jeanette Carioto	27	F	Albany	NY	27:21	8:49
130	9/17	F2529	Abigail Gregg	26	F	Albany	NY	27:23	8:49
131	3/10	F0114	Julianne DeGaurdi	13	F	Ballston Spa	NY	27:23	8:49
132	8/8	F1518	Paige Plantier	17	F	Saratoga Springs	NY	27:25	8:50
133	2/3	M6064	Lorin Spiegel	60	M	Saratoga Springs	NY	27:27	8:50
134	13/25	F3539	Cheryl Himme	39	F	Amsterdam	NY	27:29	8:51
135	6/15	F4549	Lisa Augustine	46	F	Brookhaven	NY	27:34	8:53
136			Unkown Bost		M	Saratoga Springs	NY	27:36	8:53
137	14/25	F3539	Karen Totino	35	F	Ballston Spa	NY	27:40	8:55
138	12/14	M3034	Michael Arce	31	M	Salisbury	MD	27:50	8:58
139	7/15	F4549	Katrina Edwards	47	F	Gansevoort	NY	27:53	8:59
140	10/12	M4549	Frank Varone	48	M	Clifton Park	NY	27:55	8:59
141	9/9	M5054	William Groves	50	M	Gilboa	NY	27:56	9:00
142	7/14	F3034	Sybil Newell	33	F	Ballston Spa	NY	28:05	9:03
143	10/17	F2529	Erin McTiernan	25	F	Loudonville	NY	28:07	9:03
144	3/9	F5054	Cindy Michelin	54	F	Slingerlands	NY	28:08	9:04
145	1/1	M7579	Walt McCoanell	77	M	Bolton Landing	NY	28:10	9:04
146	15/25	F3539	Mary Whittredge	39	F	Ballston Spa	NY	28:11	9:05
147	6/14	F4044	Ginda Rothacker	43	F	Ballston Spa	NY	28:20	9:08
148	4/10	F0114	Janelle Rothacker	12	F	Ballston Spa	NY	28:21	9:08
149	11/12	M4549	Ray Shields	45	M	W. Sand Lake	NY	28:27	9:10
150	5/10	F0114	Ashley Fredericks	14	F	Amsterdam	NY	28:28	9:10
151	4/9	F5054	Ginger Perham	51	F	Gloversville	NY	28:29	9:10
152	9/10	M3539	Shaun-Paul Manore	35	M	Rexford	NY	28:33	9:12
153	12/12	M4549	Mark Klingbeil	46	M	Saratoga Springs	NY	28:42	9:15
154	7/14	F4044	Alicia Seager	41	F	Ballston Spa	NY	28:54	9:18
155	6/10	F0114	Kelsey McElwain	14	F	Ballston Spa	NY	28:56	9:19
156	10/10	M3539	John Pecori	36	M	Ballston Lake	NY	28:57	9:20
157	8/14	F4044	Jalaine McHale	42	F	Ballston Spa	NY	29:00	9:20
158	9/11	M4044	Scott Nussbaumer	44	M	Porters Corners	NY	29:06	9:22
159	16/25	F3539	Colleen Smith	39	F	Scotia	NY	29:06	9:22
160	9/12	F1924	Nicole Runyon	24	F	Clifton Park	NY	29:14	9:25
161	17/25	F3539	Kimberly Edgar	37	F	Mechanicville	NY	29:15	9:25
162	8/14	F3034	Erin Broadbent	32	F	Center Barnstead	NH	29:17	9:26
163	5/9	F5054	Susan Klim	54	F	Altamont	NY	29:26	9:29
164	9/14	F4044	Jill Robbins	40	F	Schuylerville	NY	29:32	9:31
165	8/15	F4549	Sharon Beilinson	45	F	Delmar	NY	29:35	9:32
166	6/9	F5054	Karen Plante	52	F	Scotia	NY	29:36	9:32
167	11/17	F2529	Melissa West	29	F	Scotia	NY	29:41	9:34
168	4/5	M5559	Kevin Harkins	55	M	Ballston Spa	NY	29:58	9:39
169	10/14	F4044	Amy Jessup	44	F	Glenville	NY	29:58	9:39
170	18/25	F3539	Kim Nuzzi	36	F	Ballston Spa	NY	30:18	9:45
171	12/17	F2529	Rachel Bowcutt	26	F	Ballston Spa	NY	30:20	9:46
172	9/15	F4549	Kim Sprenger	49	F	Ballston Spa	NY	30:35	9:51

173	19/25	F3539	Cynthia Plicci	37	F	Voorheesville	NY	30:40	9:53
174	6/8	M0114	Derek Schuster	11	M	Clifton Park	NY	30:45	9:54
175	13/14	M3034	John Muller	34	M	Saratoga Springs	NY	30:48	9:55
176	7/9	F5054	Patti Schachter	51	F	Niskayuna	NY	30:48	9:55
177	11/14	F4044	April VanHeusen	41	F	Scotia	NY	30:49	9:55
178	14/14	M3034	Joshua Hicks	34	M	Ballston Spa	NY	30:51	9:56
179	9/14	F3034	Marie Hicks	32	F	Ballston Spa	NY	30:53	9:57
180	20/25	F3539	Margo Theobald	38	F	Corinth	NY	30:58	9:58
181	21/25	F3539	Diane Cross	36	F	Niskayuna	NY	30:59	9:59
182	1/5	F5559	Darlene Cardillo	56	F	Delmar	NY	31:04	10:00
183	7/10	F0114	Julia Wicks	14	F	W. Sand Lake	NY	31:21	10:06
184	22/25	F3539	Jessica Rzeszotarsk	36	F	Burnt Hills	NY	31:29	10:08
185	7/8	M0114	Ben Rzeszotarski	7	M	Burnt Hills	NY	31:30	10:09
186	8/8	M0114	Ritesh Lahiri	11	M	Rexford	NY	31:32	10:09
187	10/15	F4549	Deborah McCarthy	49	F	Burnt Hills	NY	31:34	10:10
188	23/25	F3539	Joannie Rogers-Harr	38	F	Saratoga Springs	NY	31:44	10:13
189	12/14	F4044	Laura Casulli	43	F	Fairfax	VA	31:52	10:16
190	13/17	F2529	Michelle Whipple	28	F	Fultonville	NY	31:59	10:18
191	10/11	M4044	Tom Carter	44	M	Mechanicville	NY	32:01	10:19
192	10/14	F3034	Stephanie Lambert	32	F	Niskayuna	NY	32:02	10:19
193	1/2	F6064	Linda Plante	60	F	Middle Grove	NY	32:24	10:26
194	2/5	F5559	Mary Beth Farmer	55	F	Corinth	NY	32:40	10:31
195	11/15	F4549	Maria Keller	48	F	Gloversville	NY	33:02	10:38
196	2/2	F6064	Nancy Johnston	63	F	Ballston Lake	NY	33:03	10:39
197	5/5	M5559	Steven Berman	57	M	Schenectady	NY	33:04	10:39
198	24/25	F3539	Kathleen Rowlands	39	F	Ballston Spa	NY	33:04	10:39
199	1/1	F6569	Betty McCutcheon	65	F	Lake Luzerne	NY	33:06	10:40
200	3/5	F5559	Alice Carpenter	59	F	Delmar	NY	33:11	10:41
201	12/15	F4549	Lisa Carter	46	F	Mechanicville	NY	33:12	10:41
202	4/5	F5559	Linda Foss	57	F	Hurlock	MD	33:14	10:42
203	14/17	F2529	Colleen Scarborough	29	F	Ballston Spa	NY	33:43	10:52
204	8/10	F0114	Megan Miller	10	F	Ballston Spa	NY	33:48	10:53
205	25/25	F3539	Hollie Farnan	36	F	Stillwater	NY	34:16	11:02
206	11/14	F3034	Anne Herrick	32	F	Mechanicville	NY	34:21	11:04
207	13/14	F4044	Kelly Fuller	40	F	Ballston Lake	NY	34:24	11:05
208	12/14	F3034	Kara Arce	33	F	Salisbury	MD	34:28	11:06
209	15/17	F2529	Sarah Douglas	27	F	Troy	NY	34:33	11:08
210	16/17	F2529	Ariana Howland	26	F	Ballston Spa	NY	34:47	11:12
211	5/5	F5559	Mary Burns	57	F	Cohoes	NY	34:50	11:13
212	10/12	F1924	Jaclyn Congress	21	F	Niskayuna	NY	35:10	11:19
213	8/9	F5054	Unkown O'Donnell	51	F	Schenectady	NY	35:13	11:20
214	11/12	F1924	Heather Quay	23	F	Princess Anne	MD	35:19	11:22
215	13/15	F4549	Jeneane Hubbell	45	F	Wilton	NY	36:08	11:38
216	9/9	F5054	Linda Freer	50	F	Schenectady	NY	36:16	11:41
217	11/11	M4044	Richard Garber	42	M	Ballston Lake	NY	36:49	11:51
218	13/14	F3034	Heidi Fryer	34	F	Ballston Spa	NY	36:51	11:52

219	3/3	M6064	Robert Santa Lucia	64	M	Cohoes	NY	36:52	11:52
220	12/12	F1924	Rhea Dunkelbarger	22	F	Ballston Spa	NY	38:04	12:15
221	14/15	F4549	Cheryl Dunkelbarger	49	F	Ballston Spa	NY	38:05	12:16
222	14/14	F3034	Melissa Hasan	30	F	Latham	NY	38:37	12:26
223	17/17	F2529	Erika Adriance	28	F	Ballston Spa	NY	39:13	12:38
224	14/14	F4044	Karen Curran	41	F	Ballston Spa	NY	39:14	12:38
225	9/10	F0114	Mitchell Zemken	13	F	Fultonville	NY	39:59	12:53
226	10/10	F0114	Ashley Oeser	14	F	Sprakers	NY	40:05	12:54
227	1/1	F7579	Regina Tumidajewicz	82	F	Amsterdam	NY	42:18	13:37
228	15/15	F4549	Terry Hutchison	49	F	Fultonville	NY	43:38	14:03

7TH ANNUAL JAILHOUSE ROCK 5K
 BROOKSIDE MUSEUM
 BALLSTON SPA, NY
 SATURDAY AUGUST 8, 2009

RESULTS BY FINISH RIGHT TIMING SERVICES
 518-312-0886 WWW.FINISHRIGHT.COM

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1 16 Tammy Slusser 44 Monroeville PA 18:48

***** MALE OVERALL RESULTS *****

1 1 Seamus Nally 22 Burnt Hills NY 15:30

FEMALE AGE GROUP: 1 - 14

1	56	Alexis Fernandez	14	Hauppauge	NY	22:35
2	87	Shelby Klippel	14	Ballston Spa	NY	24:58
3	131	Julianne DeGaurdi	13	Ballston Spa	NY	27:23
4	148	Janelle Rothacker	12	Ballston Spa	NY	28:21
5	150	Ashley Fredericks	14	Amsterdam	NY	28:28
6	155	Kelsey McElwain	14	Ballston Spa	NY	28:56
7	183	Julia Wicks	14	W. Sand Lake	NY	31:21
8	204	Megan Miller	10	Ballston Spa	NY	33:48
9	225	Mitchell Zemken	13	Fultonville	NY	39:59
10	226	Ashley Oeser	14	Sprakers	NY	40:05

MALE AGE GROUP: 1 - 14

1	51	Ben Ferretti	14	Glenville	NY	22:15
2	55	Tom Madarasz	13	Gansevoort	NY	22:34
3	80	Matt McHale	13	Ballston Spa	NY	24:20

4 84 Daniel Caro 13 Saratoga Springs NY 24:43
5 120 Lucas Aviles 13 Ballston Spa NY 26:49
6 174 Derek Schuster 11 Clifton Park NY 30:45
7 185 Ben Rzeszotarski 7 Burnt Hills NY 31:30
8 186 Ritesh Lahiri 11 Rexford NY 31:32

FEMALE AGE GROUP: 15 - 18

1 17 Danielle Marino 16 Saratoga Springs NY 18:51
2 18 Brianna Freestone 16 Ballston Spa NY 18:51
3 24 Jession Zimal 17 Washington PA 19:53
4 29 Jessica Richburg 16 East Greenbush NY 20:08
5 53 Alexandra Finocchio 17 Ballston Spa NY 22:24
6 64 Kaitlyn Chartrand 16 Wilton NY 23:10
7 109 Katie Schmidt 16 East Greenbush NY 26:21
8 132 Paige Plantier 17 Saratoga Springs NY 27:25

MALE AGE GROUP: 15 - 18

1 3 Jake Flynt 16 Malta NY 16:46
2 4 Max Groves 17 Ballston Spa NY 16:49
3 5 Donald Zimak 15 Washington PA 16:56
4 7 GunWan Park 15 Guilderland NY 17:36
5 9 Kyle Wegner 16 Wilton NY 18:12
6 10 Sam Place 16 Saratoga Springs NY 18:12
7 11 Joey Fairley 16 Saratoga Springs NY 18:12
8 14 Kevin Melsert 18 Ballston Lake NY 18:42
9 22 Joe Nelson 15 Amsterdam NY 19:37
10 39 Evan Welsh 16 Pattersonville NY 21:11
11 91 Orlando Pacheco Jr 18 Amsterdam NY 25:15

FEMALE AGE GROUP: 19 - 24

1 35 Meghan Davey 24 Amsterdam NY 20:25
2 42 Rachel Grandall 23 Washington DC 21:24
3 76 Kelly Owens 23 Ballston Spa NY 24:08
4 77 Thea Yurkewecz 24 Fultonville NY 24:11
5 82 Sarah Gross 24 Clifton Park NY 24:37
6 93 Kathleen Grigg 22 Ridgefield CT 25:25
7 106 Tara Salmon 21 Clifton Park NY 25:58
8 123 Kerry Lynch 23 Brooklyn NY 26:57
9 160 Nicole Runyon 24 Clifton Park NY 29:14
10 212 Jaclyn Congress 21 Niskayuna NY 35:10
11 214 Heather Quay 23 Princess Anne MD 35:19
12 220 Rhea Dunkelbarger 22 Ballston Spa NY 38:04

MALE AGE GROUP: 19 - 24

1 2 Alex Grout 23 Clifton Park NY 15:49

- | | | | | |
|---|-----------------|-------------------|----|-------|
| 2 | 6 Tyler Welsh | 20 Pattersonville | NY | 17:17 |
| 3 | 30 Stephen Quay | 21 Ridgefield | CT | 20:10 |

FEMALE AGE GROUP: 25 - 29

- | | | | | |
|----|-------------------------|---------------------|----|-------|
| 1 | 28 Meagan Mincher | 26 Ballston Spa | NY | 20:07 |
| 2 | 59 Meredith Fitzgerald | 28 Albany | NY | 22:49 |
| 3 | 62 Amy Boss | 28 Broadalbin | NY | 22:54 |
| 4 | 73 Nichole DeMarco | 27 Clifton Park | NY | 24:00 |
| 5 | 85 Kim Zimbal | 28 Saratoga Springs | NY | 24:44 |
| 6 | 113 Jesmarie Johnson | 28 Schenectady | NY | 26:38 |
| 7 | 118 Jenna Hafter | 28 Queensbury | NY | 26:44 |
| 8 | 129 Jeanette Carioto | 27 Albany | NY | 27:21 |
| 9 | 130 Abigail Gregg | 26 Albany | NY | 27:23 |
| 10 | 143 Erin McTiernan | 25 Loudonville | NY | 28:07 |
| 11 | 167 Melissa West | 29 Scotia | NY | 29:41 |
| 12 | 171 Rachel Bowcutt | 26 Ballston Spa | NY | 30:20 |
| 13 | 190 Michelle Whipple | 28 Fultonville | NY | 31:59 |
| 14 | 203 Colleen Scarborough | 29 Ballston Spa | NY | 33:43 |
| 15 | 209 Sarah Douglas | 27 Troy | NY | 34:33 |
| 16 | 210 Ariana Howland | 26 Ballston Spa | NY | 34:47 |
| 17 | 223 Erika Adriance | 28 Ballston Spa | NY | 39:13 |

MALE AGE GROUP: 25 - 29

- | | | | | |
|---|--------------------|---------------------|----|-------|
| 1 | 19 Benjamin Pangie | 26 Brooklyn | NY | 19:03 |
| 2 | 37 Mathew Harkins | 28 Washington | DC | 20:38 |
| 3 | 40 Ryan Moore | 28 Saratoga Springs | NY | 21:17 |
| 4 | 45 Kiel Reynolds | 27 Albany | NY | 21:47 |

FEMALE AGE GROUP: 30 - 34

- | | | | | |
|----|-----------------------|---------------------|----|-------|
| 1 | 75 Tammy Friend | 33 Mechanicville | NY | 24:05 |
| 2 | 108 Stephanie Liberty | 32 Ballston Spa | NY | 26:19 |
| 3 | 111 Rosalie Koniowka | 31 Waterford | NY | 26:31 |
| 4 | 116 Nicole Pecori | 31 Ballston Lake | NY | 26:41 |
| 5 | 126 Megan Soden | 32 Ballston Spa | NY | 27:16 |
| 6 | 128 Nora Gribbin | 32 Ballston Spa | NY | 27:19 |
| 7 | 142 Sybil Newell | 33 Ballston Spa | NY | 28:05 |
| 8 | 162 Erin Broadbent | 32 Center Barnstead | NH | 29:17 |
| 9 | 179 Marie Hicks | 32 Ballston Spa | NY | 30:53 |
| 10 | 192 Stephanie Lambert | 32 Niskayuna | NY | 32:02 |
| 11 | 206 Anne Herrick | 32 Mechanicville | NY | 34:21 |
| 12 | 208 Kara Arce | 33 Salisbury | MD | 34:28 |
| 13 | 218 Heidi Fryer | 34 Ballston Spa | NY | 36:51 |
| 14 | 222 Melissa Hasan | 30 Latham | NY | 38:37 |

MALE AGE GROUP: 30 - 34

1	8 Brian Northan	32 Guilderland	NY	17:37
2	15 Jonathan Peck	30 Scotia	NY	18:47
3	25 Sean Montieth	32 Ballston Spa	NY	19:55
4	32 Keith Johnson	32 Schenectady	NY	20:16
5	47 Mitchell Soden	31 Ballston Spa	NY	21:54
6	66 Jeremy Pettis	32 Schuylerville	NY	23:37
7	79 Matt Glogowski	33 Ballston Spa	NY	24:17
8	96 Mike Baxter	31 Gansevoort	NY	25:32
9	102 Matt Mc Morris	34 Saratoga Springs	NY	25:37
10	110 Vince Horan	32 Clifton Park	NY	26:26
11	117 Chris Capezzuti	30 Queensbury	NY	26:44
12	138 Michael Arce	31 Salisbury	MD	27:50
13	175 John Muller	34 Saratoga Springs	NY	30:48
14	178 Joshua Hicks	34 Ballston Spa	NY	30:51

FEMALE AGE GROUP: 35 - 39

1	27 Regina Flint	35 Amsterdam	NY	20:05
2	41 Kimberly Miseno-Bow	39 Amsterdam	NY	21:19
3	46 Colleen Murray	35 Loudonville	NY	21:47
4	48 Faye Reynolds	36 Greenfield Center	NY	21:58
5	69 Marcie Alexander	38 Ballston Lake	NY	23:51
6	72 Emily Cooper	36 Saratoga Springs	NY	23:58
7	74 Kim Klippel	38 Ballston Spa	NY	24:03
8	98 Eileen Cook	39 Ballston Spa	NY	25:34
9	101 Ronda Poirier	39 Ballston Spa	NY	25:36
10	103 Kristin Knauf	37 Altamont	NY	25:37
11	115 Jill Schuster	39 Clifton Park	NY	26:40
12	119 Stephanie Salvato	35 Scotia	NY	26:48
13	134 Cheryl Himme	39 Amsterdam	NY	27:29
14	137 Karen Totino	35 Ballston Spa	NY	27:40
15	146 Mary Whittredge	39 Ballston Spa	NY	28:11
16	159 Colleen Smith	39 Scotia	NY	29:06
17	161 Kimberly Edgar	37 Mechanicville	NY	29:15
18	170 Kim Nuzzi	36 Ballston Spa	NY	30:18
19	173 Cynthia Plicci	37 Voorheesville	NY	30:40
20	180 Margo Theobald	38 Corinth	NY	30:58
21	181 Diane Cross	36 Niskayuna	NY	30:59
22	184 Jessica Rzeszotarsk	36 Burnt Hills	NY	31:29
23	188 Joannie Rogers-Harr	38 Saratoga Springs	NY	31:44
24	198 Kathleen Rowlands	39 Ballston Spa	NY	33:04
25	205 Hollie Farnan	36 Stillwater	NY	34:16

MALE AGE GROUP: 35 - 39

1	20 David Shumpert	38 Clifton Park	NY	19:08
2	33 Bill Williams	36 Ballston Spa	NY	20:21

3	52 Michael Bellotti	37 Scotia	NY	22:17
4	54 Mike Trieconk	36 Scotia	NY	22:33
5	70 Paul Loomis	36 Malta	NY	23:53
6	90 Joe Templin	37 Ballston Spa	NY	25:13
7	95 Ryan Lambert	36 Niskayuna	NY	25:31
8	107 Tim Walz	39 Ballston Spa	NY	26:06
9	152 Shaun-Paul Manore	35 Rexford	NY	28:33
10	156 John Pecori	36 Ballston Lake	NY	28:57

FEMALE AGE GROUP: 40 - 44

1	78 Lynn Fredericks	43 Amsterdam	NY	24:14
2	86 Kim Scott	40 Malta	NY	24:57
3	94 Denise McNamara	41 Ballston Spa	NY	25:26
4	105 Susan Casvui	42 W. Sand Lake	NY	25:47
5	147 Ginda Rothacker	43 Ballston Spa	NY	28:20
6	154 Alicia Seager	41 Ballston Spa	NY	28:54
7	157 Jalaine McHale	42 Ballston Spa	NY	29:00
8	164 Jill Robbins	40 Schuylerville	NY	29:32
9	169 Amy Jessup	44 Glenville	NY	29:58
10	177 April VanHeusen	41 Scotia	NY	30:49
11	189 Laura Casulli	43 Fairfax	VA	31:52
12	207 Kelly Fuller	40 Ballston Lake	NY	34:24
13	224 Karen Curran	41 Ballston Spa	NY	39:14

MALE AGE GROUP: 40 - 44

1	12 Steve Schroeder	43 Sugar Land	TX	18:17
2	31 Adam Snider	41 Niskayuna	NY	20:12
3	36 Chad Chastain	42 Gloversville	NY	20:29
4	57 David Gonnely	44 Fort Plain	NY	22:42
5	58 Jim Mc Glasflin	41 Queensbury	NY	22:46
6	65 John Dziezynski	44 Niskayuna	NY	23:22
7	81 Stephen Montanaro	43 Hagaman	NY	24:22
8	97 Mark MacIntosh	41 Scotia	NY	25:33
9	158 Scott Nussbaumer	44 Porters Corners	NY	29:06
10	191 Tom Carter	44 Mechanicville	NY	32:01
11	217 Richard Garber	42 Ballston Lake	NY	36:49

FEMALE AGE GROUP: 45 - 49

1	44 Kathleen McElwain	49 Ballston Spa	NY	21:30
2	63 Janice Phoenix	48 Schenectady	NY	23:00
3	67 Patricia Monahan	47 Warrensburg	NY	23:39
4	99 Denise Snyder	48 Ballston Spa	NY	25:34
5	124 Mary Seaward	46 Ballston Spa	NY	27:02
6	135 Lisa Augustine	46 Brookhaven	NY	27:34
7	139 Katrina Edwards	47 Gansevoort	NY	27:53
8	165 Sharon Beilinson	45 Delmar	NY	29:35

9	172 Kim Sprenger	49 Ballston Spa	NY	30:35
10	187 Deborah McCarthy	49 Burnt Hills	NY	31:34
11	195 Maria Keller	48 Gloversville	NY	33:02
12	201 Lisa Carter	46 Mechanicville	NY	33:12
13	215 Jeneane Hubbell	45 Wilton	NY	36:08
14	221 Cheryl Dunkelbarger	49 Ballston Spa	NY	38:05
15	228 Terry Hutchison	49 Fultonville	NY	43:38

MALE AGE GROUP: 45 - 49

1	21 Joe Place	46 Saratoga Springs	NY	19:17
2	23 Joe Duling	46 Blufton	OH	19:40
3	34 Mike Soeller	47 Clifton Park	NY	20:22
4	38 Samuel, Jr. Mercado	46 Wilton	NY	20:52
5	43 John DeGuardi	49 Ballston Spa	NY	21:28
6	83 Frank Wicks	46 W. Sand Lake	NY	24:40
7	88 Derrick Sumereau	47 Albany	NY	25:01
8	104 David Ferretti	46 Glenville	NY	25:44
9	121 Brian Aviles	46 Ballston Spa	NY	26:50
10	140 Frank Varone	48 Clifton Park	NY	27:55
11	149 Ray Shields	45 W. Sand Lake	NY	28:27
12	153 Mark Klingbeil	46 Saratoga Springs	NY	28:42

FEMALE AGE GROUP: 50 - 54

1	68 Jen Kennich	51 Greenwich	NY	23:48
2	114 Sue Ciarmiello	53 Schenectady	NY	26:39
3	144 Cindy Michelin	54 Slingerlands	NY	28:08
4	151 Ginger Perham	51 Gloversville	NY	28:29
5	163 Susan Klim	54 Altamont	NY	29:26
6	166 Karen Plante	52 Scotia	NY	29:36
7	176 Patti Schachter	51 Niskayuna	NY	30:48
8	213 Unkown O'Donnell	51 Schenectady	NY	35:13
9	216 Linda Freer	50 Schenectady	NY	36:16

MALE AGE GROUP: 50 - 54

1	13 Rick Lesiak	50 Galway	NY	18:34
2	26 Thomas Locascio	51 Albany	NY	20:01
3	49 Dan Owens	53 Ballston Spa	NY	22:01
4	60 John Corporon	50 Stamford	CT	22:49
5	71 Vincent Lubrano III	51 Albany	NY	23:56
6	92 Glen Miller	50 Schuylerville	NY	25:20
7	122 Timothy Melsert	52 Ballston Lake	NY	26:54
8	125 Joseph Salmon	52 Clifton Park	NY	27:09
9	141 William Groves	50 Gilboa	NY	27:56

FEMALE AGE GROUP: 55 - 59

- 1 182 Darlene Cardillo 56 Delmar NY 31:04
- 2 194 Mary Beth Farmer 55 Corinth NY 32:40
- 3 200 Alice Carpenter 59 Delmar NY 33:11
- 4 202 Linda Foss 57 Hurlock MD 33:14
- 5 211 Mary Burns 57 Cohoes NY 34:50

MALE AGE GROUP: 55 - 59

- 1 50 Don Slusser 57 Monroeville PA 22:12
- 2 61 Chester Tumidajewic 55 Amsterdam NY 22:53
- 3 112 Michael DellaRocco 58 Altamont NY 26:37
- 4 168 Kevin Harkins 55 Ballston Spa NY 29:58
- 5 197 Steven Berman 57 Schenectady NY 33:04

FEMALE AGE GROUP: 60 - 64

- 1 193 Linda Plante 60 Middle Grove NY 32:24
- 2 196 Nancy Johnston 63 Ballston Lake NY 33:03

MALE AGE GROUP: 60 - 64

- 1 89 Daniel Brown 63 Ballston Spa NY 25:11
- 2 133 Lorin Spiegel 60 Saratoga Springs NY 27:27
- 3 219 Robert Santa Lucia 64 Cohoes NY 36:52

FEMALE AGE GROUP: 65 - 69

- 1 199 Betty McCutcheon 65 Lake Luzerne NY 33:06

MALE AGE GROUP: 65 - 69

- 1 100 William Sheft 68 Ballston Spa NY 25:36
- 2 127 Gregory Benson 67 East Nassau NY 27:18

FEMALE AGE GROUP: 70 - 74

MALE AGE GROUP: 70 - 74

FEMALE AGE GROUP: 75 - 99

- 1 227 Regina Tumidajewicz 82 Amsterdam NY 42:18

n

MALE AGE GROUP: 75 - 99

- 1 145 Walt McCoanell 77 Bolton Landing NY 28:10